

# Deadline May 1: Keep your LivingWell Promise

You are receiving this because our records (as of April 21) indicate you have not completed the LivingWell Promise. (If you have completed it, disregard.)

**Vitality Checks may take up to 14 days to appear following your screening date.** If you complete a Vitality Check at your primary care physician's office you must submit proof to HumanaVitality. **Find the form [here](#).**

---

## Need proof of completion?

[\(Click here for instructions\)](#)

---

## Get a Vitality Check - OR - Health Assessment

[\(Click here\)](#)

---

**KENTUCKY** PERSONNEL

Humana Vitality

LivingWell.ky.gov

